

Your wake up call...

Just
£8

This includes:



Unlimited from our continental breakfast



Unlimited from our cooked breakfast



Unlimited drinks

Continental Breakfast

Cereals

Porridge V (291kcal per bowl)
With cow's milk (337kcal)

Granola (188kcal per bowl)

A Selection of Yoghurt's

See packaging for calories

Fruits

A Selection of Whole Fruits V

Fresh Fruit Salad* VE

Bakery

Blueberry Muffins V (210kcal)

Croissant V (203kcal)

Pain au Chocolat V (184kcal)

Toast V

Choose from White (90kcal) or Malted Brown Bread (91kcal per slice)

Preserves & Spreads

Hazelnut Chocolate

Spread V (83kcal)

Marmalade VE (33kcal)

Honey V (65kcal)

Assorted Jams VE (34kcal)

Marmite VE (21kcal)

Maple Syrup VE (63kcal)

Peanut Butter VE (98kcal)

Butter (46kcal)

Sunflower Spread VE (43kcal)

Cooked Breakfast

Bacon (31kcal)

Pork Sausage (122kcal)

GARDEN GOURMET® Sensational™

Vegan Sausage (140kcal)

Baked Beans (44kcal per spoon)

Scrambled Egg (280kcal)

Unlimited drinks

Black Coffee (4kcal)

Coffee with 84ml milk (43kcal)

PG Tips

Choose from Black Tea, Green Tea, Raspberry Tea, Mint Tea or Earl Grey Tea

Orange Juice VE (69kcal)

Adults need around 2,000kcal a day

(V) All of our breakfast items are suitable for vegetarians with the exception of our premium sausages and our bacon. (VE) All of our breakfast items are suitable for vegans. Some items may differ to those shown. All products may be subject to change and availability. Photography is for illustrative purposes only. ® Reg. Trademark used in agreement with the Trademark owner.

Don't worry, we know there are allergens in our food and drink which we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Alpro Soya available on request. As gluten is present in our kitchen please tell your server and we will take care to minimise the risk of cross-contamination.

The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. No optional additions to hot drinks have been included in the calories stated, except for where milk is often added. The additional milk calories are based on semi-skimmed milk. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information.

hub
by Premier Inn